# Analysis and Reporting Instructions

#### FEATURES OF THE DATA ENTRY HOMEPAGE

Recent Postings Pending Data Entry Recent Reports

#### HOMEPAGE MENU

Patients New Patients Existing Data Tests Reports Postings

#### HOW TO RUN A SBN REPORT

New Data Entry Manual or Electronic Entry Data Entry PSS Vitals

- Medications Urinalysis Stool
- Blood Results
- Hair Results

Submitting the SBN Report

#### TOXIC URINE CHALLENGE

Pre Challenge Post Challenge

## FEATURES OF THE DATA ENTRY HOMEPAGE

Test, Van ,       123 Main St         Van Test       Nowhere, OH 55555         tracey@bk2health.com         Image: Stand Sta	ogout ¢
Van Test     Nowhere, OH 55555     tracey@bk2health.com       Van Test     Nowhere, OH 55555     tracey@bk2health.com       PMA Home     PAtient Search     Recent Postings       Patients     Date     Filename       06/27/2013     RPT-Suggested pdf     06/27/2013       New Patient     06/03/2008     Sample Labcorp Blood Test.pdf       06/03/2008     sample hair.pdf	¢
PMA Home         PAtient Search       Recent Postings         Patients       Date         00/27/2013       RPT-Suggested pdf         00/2011       MANFRONI, SARAH - Blood 10.08-2011 pdf         06/03/2008       Sample Labcorp Blood Test.pdf         06/03/2008       sample hair.pdf         Fending Data       Pending Data Entry	÷
PMA Home         Patient Search       Recent Postings         Patients       Date         Potients       06/27/2013         New Patient       06/03/2008         Sample Labcorp Blood Test.pdf         06/03/2008       sample hair.pdf         Pending Data       Pending Data Entry	¢
Patient Search     Recent Postings       Patient Search     Date       Patients     D6/27/2013       RPT-Suggested pdf       10/10/2011     MANFRONI, SARAH - Blood 10-08-2011 pdf       06/03/2008     Sample Labcorp Blood Test pdf       06/03/2008     sample hair.pdf	4
Patient Search     Recent Totalings       Patient Search     Date       Patients     06/27/2013       RPT.Suggested pdf       10/10/2011     MANFRONI, SARAH - Blood 10-08-2011 pdf       06/03/2008     Sample Labcorp Blood Test pdf       06/03/2008     sample hair.pdf	\$
Patients     06/27/2013     RPT-Suggested pdf       New Patient     10/10/2011     MANFRONI, SARAH - Blood 10-08-2011 pdf       06/03/2008     Sample Labcorp Blood Test.pdf       Existing Data     06/03/2008     sample hair.pdf	
New Patient         10/10/2011         MANFRONI, SARAH - Blood 10-08-2011 pdf           06/03/2008         Sample Labcorp Blood Test.pdf         Sample hair.pdf           Existing Data         Pending Data Entry         2	
New Patient         06/03/2008         Sample Labcorp Blood Test.pdf           Existing Data         06/03/2008         sample hair.pdf           Tests         Pending Data Entry         2	
Existing Data 06/03/2008 sample hair.pdf Tests Pending Data Entry	
Pending Data Entry	
Tests	
Entry Date 👻 Patient 🔅 Status	\$
Reports 07/02/2013 Bear, Pooh Waiting for Entry	
07/02/2013 Bear, Pooh Waiting for Entry	
Postings 07/01/2013 Lewis, Marybel L Waiting for Entry	
07/01/2013 Lewis, Marybel L Walting for Electronic Data	
07/01/2013 Pierce, Marc A Waiting for Entry	
07/01/2013 Lewis, Marybel L Waiting for Entry	
07/01/2013 Lewis, Maybel L Waiting for Entry	
00/25/2013 Sick, Patent Waling for Entry	
U/23/2012 Challenge, Urinaly Walling for Entry	
Recent Reports	
Analysis Date + Entry Date + Patient	\$
07/02/2013 07/02/2013 Bear, Pooh	
07/02/2013 07/02/2013 Bear, Pooh	
0/2/5/2/13 0/6/25/2/013 S/6K, Patient 0/2/6/01/3 0/6/25/2/013 S/6K, Patient 0/2/6/01/3 0/6/20143 1/6 1/6 1/6 1/6 1/6 1/6 1/6 1/6 1/6 1/6	
02/19/2013 02/19/2013 17/a1/similed, Not 07/29/012 07/29/012 0/10/2013 1/ai/similed, Not	
Urzwzurz Urzwzurz Crialenge, Uriały	

#### 1. Recent Postings:

The most recent postings to your PMA account will show up here. Blood, hair and UA Mineral test results from the lab, vitamin list spreadsheets or electronic requisition forms are all documents that could be posted here.

#### 2. Pending Data Entry

All entries that are still pending data will show up here. From PSS and Vitals to Blood or Hair results from the lab, the patient's name will show up here if there are results that are still needed to run the SBN report.

#### 3. Recent Reports

All recent SBN reports will show up here in chronological order. Double click on any patient here for quick access to the patient's most recent SBN report.

## **HOMEPAGE MENU**



#### 1. PATIENTS

- **a.** A complete patient list is available under "Patients". The list can be organized by Last Name, First Name, Age, Birthdate or Address.
- **b.** Double click on the patient to bring you to the patient profile.

Premie	er Metabolic Analysis					(2) Help
st, Van ,	123 Main St					
in Test	Nowhere, OH 55555		tracey@bk2healt	h.com		Logout
♦ >Home >Patier	its					
atients						
atient Search Q						Filter:
	First Name	<ul> <li>Last Name</li> </ul>	<ul> <li>Age</li> </ul>	Birthdate	¢ Ad	tress ¢
New Patient	Urinary	Challenge	42	12/01/1970	123 Chelation Rd	
Public Pate	Testing	Test	41	10/02/1971	123 Main St.	
Existing Data	Stephen	Hass	41	07/11/1972	550 Royal Arms Ct	
Tests	Pooh	Bear	34	05/08/1979	52 East Cotton Lane	
10505	Patient	Sick	52	08/03/1960	123 Healthy Way	
Reports	Not	Transmitted	14	03/15/1999	555 street	
	Marybel	Lewis	33	07/17/1980	54 Northern Avenue	
Postings	Marc	Pierce	45	12/18/1967	3855 State Rd 227 N.	
	John	Public	88	06/05/1925	123 Somewhere Road	
	Jane	Public	86	12/15/1926	123 Somewhere Road	
	Dont	use	25	08/06/1987	771 Treasury Drive Apt F	
	Autoentry	Test	31	05/26/1982	5758 Far Hills	
	Showing 1 to 12 of 12 optrion					

#### 2. NEW PATIENT

**a.** Enter all patient information here BEFORE the patient leaves for their blood draw. It is IMPORTANT to have the patient profile created before the patient's blood results come in to prevent delays in running the SBN report.

F F	Premier Metabolic Analys	sis	
Test, Van,	123 Main St		
Van Test	Nowhere, OH 55	555	tracey@bk2health.com
I  H >Hom	e >Patient New		
Patient :	New Patient		
Patient Code:		*Address1:	
*Last Name:		Address2:	
*First Name:		*City:	
Middle Initial:		*State:	
Title:		*Zip:	
*Birth Date:	•/ •/ •	Country:	
		Home Phone:	
*Sex:	◎ Male ◎ Female	Work Phone:	
Marital Status:		Alternate Phone:	
# of Childron:	0	Occupation:	
Blood Type:		Email Address:	
SSN:	Save Cance	a	

- **b.** If you are manually entering patient blood results and have the patient's blood type, you will enter the result here.
- c. Be sure to click save before leaving the page.

#### 3. EXISTING DATA

**a.** Access to all data entries for all patients can be found under this tab whether the data entry is complete (a SBN report has been run) or waiting for entry.

<b>S</b>	Premier	Metabolic Analysis					
Test, Van,		123 Main St					
Van Test		Nowhere, OH 55555			tracey@bk2health.com		
I	me >All Data	Entry					
All Data	Entry						
Patient Sear	rch Q						Filter
T alloint Coda		Analysis Date 👻 Entry Date 🕞		Patient Name	\$	S	Status
Patier	nts	07/12/2013	Test, Testing		W	aiting for Electronic Data	
Test	10	07/12/2013	Test, Testing		W	laiting for Entry	
Test	ts	07/11/2013	Bear, Pooh		W	aiting for Entry	
Repo	orts	07/02/2013	Bear, Pooh		W	aiting for Entry	
		07/02/2013	Bear, Pooh		W	laiting for Entry	
Postir	ngs	07/01/2013	Lewis, Marybel L		W	laiting for Entry	
		07/01/2013	Lewis, Marybel L		W	laiting for Electronic Data	
		07/01/2013	Pierce Marc A		W	aiting for Entry	

#### 4. TESTS

- a. Access to the patient's blood, hair and UA tests is available under "Tests".
- **b.** Double click on the patient's name, the test type or the lab to bring up the results.

Premie	er Metabolic Ana	lysis				
Test, Van ,	123 Main St					
Van Test	Nowhere, OH	1 55555	tracey@bk2health.com			LO
Home >All Da	ata Entry >Tests					
Tests						
Patient Search Q						Filter:
T dilotti Codicit	Test Date	<ul> <li>Туре</li> </ul>	↓ Laboratory	♦ First Name	0	Last Name
Patients	07/12/2013	Blood	LabCorp	Testing	Test	
E LUC DUL	07/12/2013	Blood	LabCorp	Testing	Test	
Existing Data	07/11/2013	Hair	Doctor's Data #1, (with Ranges)	Testing	Test	
Reports	07/11/2013	PSS	Science Based Nutrition	Pooh	Bear	
Reports	07/11/2013	Medication	Science Based Nutrition	Pooh	Bear	
Postings	07/11/2013	Vitals	Science Based Nutrition	Testing	Test	
	07/11/2013	Blood	LabCorp	Pooh	Bear	
	07/11/2013	Blood	LabCorp	Testing	Test	
	07/11/2013	Stool	Science Based Nutrition	Testing	Test	

**c.** The data entry page will come up. Note that if a SBN report has been run with the selected test result, Edit mode is unavailable.

Prem	ier Metabolic Analysis			
Van,	123 Main St			
Test	Nowhere, OH 55555		tracey@bk2l	health.com
>Home >All [	Data Entry >Tests >Patient Test			
ient Test: Te	est, Testing			
nt Search 🔍	Hair			
Patient			_	
ating Data	This test has been used in a	report. Edit mode is unavailable.		
ung Data	Test Date: 07/11/2013			
Tests	Laboratory: Doctor's Data #1, (	with Ranges)		
	Doctor's findings and/or comme	nts:		
ores				
	Patient's comments:	Deference Dance	Value	
	Patient's comments:	Reference Range	Value	
	Patient's comments: Element Name Aluminum	Reference Range	Value 2	
	Patient's comments: Element Name Aluminum Antimony Arconic	Reference Range <7 <0.12	Value 2 0.45	
	Patient's comments: Element Name Aluminum Antimony Arsenic Basium	Reference Range           <7	Value 2 0.45 0.05	
	Patient's comments: Element Name Aluminum Antimony Arsenic Barium Bardum	Reference Range <7 <0.12 <0.06 <2 <0.02	Volue 2 0.45 0.05 2 2	
	Patient's comments: Element Name Aluminum Antimony Arsenic Barium Beryillium Bicmuth	Reference Range           <7	Value 2 0.45 0.05 2 0.05	
	Patient's comments: Element Name Aluminum Antimony Arsenic Barium Beryllium Bismuth Cadmium	Reference Range           <7	Value 2 0.45 0.05 0.03 1 0.04	
	Patient's comments: Element Nome Aluminum Antimony Arsenic Barium Beryllium Bismuth Cadmium Lead	Reference Range           <7	Volue 2 0.45 0.05 2 0.03 1 1 0.04 0.02	
	Patient's comments: Element Name Aluminum Antimony Arsenic Barium Beryllium Bismuth Cadmium Lead Mercury	Reference Range           <7	Value 2 0.45 0.05 2 0.03 1 0.04 0.02 0.08	
	Patient's comments: Element Name Auminum Antimony Arsenic Barium Beryllium Bismuth Cadmium Lead Mercury Platinum	Reference Range           <7	Volue 2 0.45 0.05 2 0.03 1 0.04 0.02 0.08 0.26	
	Patient's comments:	Reference Range           <7	Volue           2           0.45           0.05           2           0.03           1           0.04           0.02           0.08           0.256           0.01	
	Patient's comments: Element Name Autinum Antimony Arsenic Barium Beryllium Bismuth Cadmium Lead Mercury Platinum Thallium	Reference Range           <7	Value 2 0.45 0.05 2 0.03 1 0.04 0.02 0.08 0.256 0.001	
	Patient's comments: Element Name Aluminum Antimony Arsenic Barium Beryllium Bismuth Cadmium Lead Mercury Platinum Thafilum Thafilum	Reference Range           <7	Value           2           0.45           0.05           2           0.03           1           0.04           0.02           0.08           0.256           0.001	

#### 5. REPORTS

- **a.** Reports will bring up all SBN reports that have been generated.
- **b.** Double click on the Patient's name to open the SBN report.

SEN Prer	nier Metabolic	Analysis		Help
Test, Van ,	123	Main St	have all the all and	Logout
Van lest	NOW	nere, OH 55555	tracey@okzneaith.com	
Reports	epons			
Reports				
Patient Search	Analysis Date	· •	Patient Name	<ul> <li>Entry Date</li> </ul>
	07/12/2013	Test, Testing		07/12/2013
Patients	07/11/2013	Test, Testing		07/11/2013
Evisting Date	07/02/2013	Bear, Pooh		07/02/2013
Existing Data	07/02/2013	Bear, Pooh		07/02/2013
Tests	06/26/2013	Sick, Patient		06/25/2013
	02/19/2013	Transmitted, Not		02/19/2013
Postings	07/23/2012	Challenge, Urinary		07/23/2012
	07/23/2012	Challenge, Urinary		07/23/2012

#### 6. POSTINGS

**a.** All posted information from either SBN (electronic requisition forms or vitamin lists) or LabCorp or Doctor's data will show up here.

Premie	r Metabolic Analysis	
Test, Van ,	123 Main St	
Van Test	Nowhere, OH 55555	tracey@bk2health.com
H 🖶 >Home >Postin	gs	
Postings		
Patient Search Q		
	Date	✓ Filename
Patients	06/27/2013	RPT-Suggested.pdf
Evicting Data	10/10/2011	MANFRONI, SARAH - Blood 10-08-2011.pdf
Existing Data	06/03/2008	Sample Labcorp Blood Test.pdf
Tests	06/03/2008	sample hair.pdf
	Showing 1 to 4 of 4 entries	
Reports		

## How to Run a SBN Report

As soon as the patient leaves the doctor's office, a patient profile needs to be created along with what testing the patient is going to be having done.

#### **1. SELECT NEW DATA ENTRY**

a. Select ALL tests/information to include in the SBN report.

Premie	r Metabo	lic Analysis	5		
Test, Van,		123 Main St			
Van Test	1	Nowhere, OH 55555	5		tracey@bk2health.com
I	t New >Patient	t			
Patient : Test, Te	sting				
Patient Search Q	Patient Code:		Address1:	123 Main St.	
	Last Name:	Test	Address2:		
Edit Patient	First Name:	Testing	City:	Dayton	
	Middle Initial:		State:	OH	
New Patient	Title:		Zip:	45429	
New Data Entry	Birth Date:	10/02/1971	Country:		
Hon Buta Entry	Age:	41	Home Phone:		
Existing Data	Sex:	F	Work Phone:		
	Marital Status:		Alternate Phone:		
Tests	# of Children:	0	Occupation:		
Reports	Blood Type:		Email Address:		
Reports	SSN:	XXX-XX-			

🗊 Pr	emier Metabolic Analysis	
Test, Van ,	123 Main St	
Van Test	Nowhere, OH 55555	
I	Patient New >Patient >New Data Entry	
Patient Dat	a Entry: Test, Testing	
Selected Tes	ts	
	Tests	
PSS	None	•
Vitals	None	•
Medications	None	•
Blood	None	•
Urinalysis	None	•
Stool	None	•
Hair	None	•
UA Minerals	None	•
	Save Cancel	

#### 2. MANUAL OR ELECTRONIC ENTRY

- a. PSS, Vitals, Medications Urinalysis and Stool results all will need to be entered in manually. Select "NEW TEST (MANUAL)"
- b. NOTE: Dr. Merkle includes PSS, Vitals, Medications, UA and Stool results in EVERY report on all of his patients. However, UA and Stool testing are not required to run a report, but recommended to determine early signs of infection. The clinical staff does like to see these results included in SBN reports when reviewing patient cases.

SIN Pr	emier Metabolic Analysis	
Test, Van , Van Test	123 Main St Nowhere, OH 55555	
I	Patient New >Patient >New Data Entry	
Patient Dat	a Entry: Test, Testing	
Selected Test	ts	
	Tests	
PSS	None	
Vitals Medications	None New Test (Manual)	
Blood	None -	
Urinalysis	None 👻	
Stool	None -	
Hair	None ·	
UA Minerals	None •	
	Save Cancel	

- c. Blood, Hair and UA minerals results can either be submitted electronically or manually.
  - i. If the patient is using a req form through SBN select "**NEW TEST (ELECTRONIC)**". The system will wait to run the SBN report until this information has been received from the lab.
  - ii. If the patient's results are from a lab other than LabCorp, select "**NEW TEST (MANUAL)**" to enter the results by hand.

Ę	Premier Metabolic Analysis							
Te	Test, Van , 123 Main St							
V	/an Test	Nowhere, OH 5	55555					
К	I							
F	Patient Data	a Entry: Test, Testing						
Γ	Selected Tests							
		Tests						
	PSS	None	-					
	Vitals	None	•					
	Medications	None	•					
	Blood	None	•					
	Urinalysis	None						
	Stool	New Test (Manual)						
	Hair	New Test (Electronic)	<b></b>					
	UA Minerals	None	•					
		Save Cancel						
	7							
Click SAVE								

#### 3. DATA ENTRY

a. Begin entering in the Manual Data selected.

#### PSS



#### VITALS

Premie	r Metabolic Analysis
Test, Van , Van Test	123 Main St Nowhere, OH 55555
I	t New >Patient >New Data Entry >View Data Entry
Patient Data Ent	ry: Test, Testing
Patient Search Q Patient	Selected Tests PSS Vitals Medications Blood
Tests Data Entry	Test Date: 7 (Jul) •/11 •/2013 • Doctor's findings and/or comments:
Reports Copy Data	
	Patient's comments:
	Height: 0 feet 0 inches Weight (lbs): 0 Blood Pressure: 0 / 0 O2%: 0 Heart Rate: 0

Vitals are **REQUIRED** to run a SBN Report.

The height and weight are used to determine the dosages for the patient's supplement list.

Heart rate and blood pressure are for the doctor's use.

#### **MEDICATIONS**



Medications can play a large role in the patient's blood results and symptoms.

Select from the list the name of the medication and how long the patient has been on the medication.

#### **Click ADD**

NOTE: if a medication cannot be found on the list, try to search the generic name. If the medication still does not come up, log a support ticket to have it added.

#### URINALYSIS



Urinalysis testing is used to pick up signs of infection early.

Dr. Merkle does a simple dip stick UA test in office.

UA results are not incorporated into the report and supplement list. The results are merely diagnostic.

#### STOOL

y: Test, Testin	g						
Selected Tests	5 PSS	Vitals	Medications	Blood	Stool	Hair	Finish
Test Date:	7 (Jul) 👻	11 -/ 201	13 -				
Laboratory:	Science Base	ed Nutrition	n •				
Doctor's findi	ngs and/or c	omments:					
Patient's com	ments:						
	ments.						
						↓	
Eleme	nt Name		Reference R	ange		Value	
Blood					Choo	ose	•

Stool testing looks for blood in the stool, another diagnostic tool for signs of infection.

Simply choose if the test was negative or positive.

The patient will do this test at home and call you with the results.

#### **BLOOD RESULTS**

🗐 Premie	r Metabolic Analysis		
Test, Van , Van Test	123 Main St Nowhere, OH 55555	ta Entry	tracey@bk2health.co
Patient Data Entr	y: Test, Testing	ita Entry	
Patient Search Q Patient Tests Data Entry Reports Copy Data	Selected Tests     PSS     Vitals       Test Date:     7 (Jul)     -/11 -/201       Laboratory:     LabCorp       Doctor's findings and/or comments:       Patient's comments:	Medications Blood St	ool Hair Finish
	Element Name	Reference Range	Value
	Glucose	65 - 99	65
	Hemoglobin A1C	4.6 - 6.4	4.6
	Uric Acid	2.5 - 7.1	5.1
	BUN (Blood Urea Nitrogen)	6 - 24	25
	Creatinine	0.57 - 1	.55
	GFR Est.	45 - 150	
	BUN / Creatinine Ratio	9 - 23	25
	Sodium	135 - 145	158
	Potassium	3.5 - 5.2	4.3
	Chloride	97 - 108	102
	Magnesium	1.6 - 2.6	1.6
	- · ·	0.7 10.0	

If the blood results are being done through LabCorp and Dr. Merkle's account, all of the information here will fill in automatically.

If the blood results are being entered manually, be sure to change the **TEST DATE** and the **LABORATORY**.

If a lab value is out of range, the appropriate color will show up depending how out of range the value is.

- BLOOD HORMONE TESTING Many tests need to be manually entered because they rely on the female menstrual cycle. If you order blood hormone testing for your patients, call the patient <u>AFTER</u> their blood draw and ask for their *last start date*. Then determine what day of the cycle they were on when the blood was drawn.
  - Example Patient's last start date was May 29<sup>th</sup>. Blood was drawn on June 12<sup>th</sup>. The correct day of cycle for the blood drawn would be Day 15.
    - If your patient exceeds 28 in their cycle (ex. Day 33) they will be entered into the Luteal, or latest range available.
- Use the cycle date to determine which slots to place the patients test results. For example, for **ESTROGEN**, we would place the patient's test result in the 11-20 day option.

Estrogen (Prepubertal)	0 - 40	
Estrogen- Total (Male)	40 - 115	
Estrogen (1-10 days)	61 - 394	
Estrogen (11-20 days)	122 - 437	
Estrogen (21-30 days)	156 - 350	
Estrogen (Post Menopausal)	20 - 60	

• ESTRADIOL: Use the following information below to help determine the correct location...

PreMeno Foll -12 = Day 1-8 PreMeno Foll -4 = Day 9-11 PreMeno Mid -1 = Day 12-15 PreMeno Luteal +2 = Day 16-18 PreMeno Luteal +6 = Day 19-22 PreMeno Luteal +12 = Day 23-28

Estradiol (Pre-Meno Follicular (-12)	19 - 83	
Estradiol (Pre-Meno Follicular (-4)	64 - 183	
Estradiol (Pre-Meno Midcycle (-1)	85.8 - 498	
Estradiol (Pre-Meno Luteal (+2)	58 - 157	
Estradiol (Pre-Meno Luteal (+6)	43.8 - 211	
Estradiol (Pre-Meno Luteal (+12)	55 - 150	
Estradiol, Postmenopausal	0 - 31	
Estradiol, Adult males	7.6 - 54	
Estradiol, children 6mo-10 yrs	5.5 - 23.5	

#### • LH & PROGESTERONE:

- $\circ$  Follucular = Day 1 13
- Ovu Phase/MidCycle = Day 13 16
- $\circ$  Luteal = Day 16 28
- MidLuteal (if an option) = Day 18-23

Progesterone	0.2 - 1.4	
Progesterone Foll	0.2 - 1.5	
Progesterone Ovu Phase	0.8 - 3	
Progesterone Luteal	1.7 - 27	
Progesterone Mid Luteal	4.4 - 28	
Progesterone (Preg1stTri)	11.2 - 90	
Progesterone (Preg2ndTri)	25.5 - 89.4	
Progesterone (Preg3rdTri)	48.4 - 422.5	
Progesterone F, Postmenopausal	0.1 - 0.8	

#### HAIR RESULTS

Premier	Metabolic Analysis		
Test, Van , Van Test	123 Main St Nowhere, OH 55555		tracey@bk2health.co
If ff >Home >Patient	New >Patient >New Data Entry >View D	ata Entry	
Patient Data Entry	/: lest, lesting		
Patient Search	Selected Tests PSS Vitals	Medications Blood Sto	ol Hair Finish
Patient			
Tests	Test Date: 7 (1ul) +/11 +/20	13 •	
Data Entry	Laboratory: LabCorp	•	
Reports	Doctor's findings and/or comments:		
Copy Data			
	Patient's comments:		
	Element Name	Reference Range	Value
	Glucose	65 - 99	65
	Hemoglobin A1C	4.6 - 6.4	4.6
	Uric Acid	2.5 - 7.1	5.1
	BUN (Blood Urea Nitrogen)	6 - 24	25
	Creatinine	0.57 - 1	.55
	GFR Est.	45 - 150	
	BUN / Creatinine Ratio	9 - 23	25
	Sodium	135 - 145	158
	Potassium	3.5 - 5.2	4.3
	Chloride	97 - 108	102
	Magnesium	1.6 - 2.6	1.6
	10 t t	07 100	

If the hair results are being done through Doctor's Data and Dr. Merkle's account, all of the information here will fill in automatically.

If the blood results are being entered manually, be sure to change the **TEST DATE** and the **LABORATORY.** 

If a lab value is out of range, the appropriate color will show up depending how out of range the value is.

#### FINISH

Premie	r Metabolic Analysis	
Test, Van ,	123 Main St	
Van Test	Nowhere, OH 55555	tracey@bk2health.cor
I	t New >Patient >New Data Entry >View Data Entry	
Patient Data Entr	ry: Test, Testing	
Patient Search	Selected Tests PSS Vitals Medications Blood Stool	Hair Finish
Patient		
The state	Tests	
lests	PSS 07/11/2013 - Science Based Nutrition	
Data Entry	Vitals 07/11/2013 - Science Based Nutrition	
	Medications 07/11/2013 - Science Based Nutrition	
Reports	Blood 0//11/2013 - LabCorp	
Copy Data	Compare To: None	
copy bata	Stool 0//11/2013 - Science Based Nutrition	
	Hair 0//11/2013 - Doctor's Data #1, (with Ranges)	
	Compare To: None •	
	Status: Hold	
	Hold	
	Save	

On the Finish page, all of the selected tests for analysis will show up.

If test results from LabCorp or Doctors Data still need to come in, keep the status as **"HOLD".** 

Then click Save

This means that the report will be on hold until all results are in.

Premier	r Metabolic Analysis	
Test, Van ,	123 Main St	
Van Test	Nowhere, OH 55555	tracey@bk2health.c
Home >Patient	New >Patient >New Data Entry >View Data Entry	
Patient Data Entry	y: Test, Testing	
Patient Search	Selected Tests PSS Vitals Medications Blood Stool	Hair Finish
Patient		
	Tests	
Tests	PSS 07/11/2013 - Science Based Nutrition	
Data Entry	Vitals 07/11/2013 - Science Based Nutrition	
Duta Entry	Medications 07/11/2013 - Science Based Nutrition	
Reports	Blood 07/11/2013 - LabCorp	
Comu Data	Compare To: None 🔹	
Copy Data	Stool 07/11/2013 - Science Based Nutrition	
	Hair 07/11/2013 - Doctor's Data #1, (with Ranges)	
	Compare To: None 🔹	
	Status: Release	
	Save and Send	
	bute and being	

If all test results have been entered, "**Release"** the report. Then click **"Save** and Send"

Releasing the report will send the report to be analyzed.

#### PROCESSING

BN	Premi	er Metaboli	c Analysis	;		
Test, Van , Van Test		123 No	3 Main St where, OH 5555		tracey@bk2health.com	
<b>I                                    </b>	ome >Patie	nt New >Patient >I	New Data Entry	>View Data E	Entry >Patient Data Entry	
Patient	Data Ent	try: Test, Testi	ng			
Patient Sea	arch 🔍	Analysis Date -	Entry Date	Processing		Status
New Da	ta Entry	Showing 1 to 1 o	f 1 entries			
Te: Rep	sts orts					

After a report has been submitted for analysis, it will show up as "**Processing".** 



Once the report is ready, the status will change to **"Completed".** 

Double click on this line to retrieve the patient's SBN Report.

#### REPORTS

<b>BN</b>	Premier Metabolic Analysis	i			2 Help
Test, Van Van Test	, 123 Main St Nowhere, OH 55555		tracev@bk2health.com		Logout
4 <b>41</b> >H	lome >Patient New >Patient >Patient Data Ent	ry >Patient Reports			
Patient Se	earch Q				Filter:
Pat	tient 07/11/2013	Analysis Date	07/11/2013	Entry Date	
Existi	ng Data			<b>↑</b>	
Te	ests				
		You will soo the /	Analysis Data and the Entry D	nata Daubla	
		alial on this	Analysis Date and the Littly D		
		CIICK OFF UNIS.			
		The SBN Report v	will pull up as a PDF and you	from here vou	
		can save the repo	ort or print it.		
	A Duemaien Metekeli	Analysia			
	Van Test Nor	where, OH 55555	tracey 2bk2health.com		
	Patient Analysis Report: Test,	Patient Data Entry >Patient Reports >Analysi Testing	is Report		
	Patient Search 🔍 🗉 🔎 🖈	Page: 1 of 13	— + Automatic Zoo	m ÷	
	Patient		•		
	Existing Data				
	Reports		VAN TES Van Test 123 Main St Nowhere	T	
	Copy Data		tracey@bk2heal	th.com	
			NUTRITION EVALUATIO	DN: 07/11/2013	
			PATIENT INFORMATION	DATA USED FOR ANALYSIS	
			Testing Test 123 Main St. Dayton OH 45429	PSS 07/11/2013 Vitals 07/11/2013 Medication 07/11/2013	
			Sex: F Birth Date: 10/02/1971	Blood 07/11/2013 Stool 07/11/2013 Heir 07/11/2013	
			Blood Type:	nam 0//11/2013	
			VITALS		
			PRIMARY SYM	ртомя	
			1. Gained over 20 lbs within in the last 12 months		
			2. Irritable Bowel Syndrome 3. Punctured ear drum		
			PRESENTING SY	мртомя	

## TOXIC URINE CHALLENGE

• Typically toxic urine challenges are done after the initial blood and hair testing.

#### PRE CHALLENGE ANALYSIS

- Once the test results have come in select the Pre Challenge results.
- You will have to view the test results to see which result is the Pre or the Post. In the box at the bottom it will say which it is:

		TOXIC	IETALS					
		RESULT µg/g creat	REFERENC	CE WIT L RE	Thin Ference		OUTSI	DE REFERENCE
Aluminum	(AI)	16	< 6	50	-			
Antimony	(Sb)	< dl	< 0.	.3				
Arsenic	(As)	6.4	< 12	20 🗕				
Barium	(Ba)	0.7	<	7 🗕				
Beryllium	(Be)	< dl	<	1				
Bismuth	(Bi)	< dl	<	2				
Cadmium	(Cd)	0.3	< 0.	.4		•		
Cesium	(Cs)	5.8	< 1	12				
Gadolinium	(Gd)	< dl	< 0.	. 4				
Lead	(Pb)	0.3	<	3 🕳				
Mercury	(Hg)	1	< 4.	.5	•			
Nickel	(Ni)	1.9	< 1	L4 🛑				
Palladium	(Pd)	< dl	< 0.1	15				
Platinum	(Pt)	< dl	< 0.	.1				
Tellurium	(Te)	< dl	< 0.	.5				
Thallium	(TI)	0.2	< 0.	. 8	•			
Thorium	(Th)	< dl	< 0.0	05				
Tin	(Sn)	0.4	<	9 -				
Tungsten	(W)	0.3	< 0.	.6				
Uranium	(U)	< dl	< 0.0	04				
			FATININE					
		RESULT mg/dL	REFERENC	CE L	-2SD	-1SD	MEAN	+1SD +2S
Creatinine		47.2	25-	180			_	

		SPECIMEN DATA	
Comments:			
Date Collected:	05/13/2013	pH upon receipt: Acceptable	Collection Period: timed: 6 hours
Date Completed:	05/21/2013	Provoking Agent:	Provocation: PRE PROVOCATIVE

A report on the Pre results will need to be analyzed before running a report on the Post results.
 When you have determined which one is the Pre and the Post, you can run a report on the Pre test.
 You must include at least <u>Vitals</u> for the report to run.

Selected Test	IS
	Tests
PSS	None 🗸
> Vitals	06/23/2012 - Science Based Nutrition -
Medications	None
Blood	None
Urinalysis	None -
Stool	None
Hair	None
→ UA Minerals	06/21/2012 - Doctor's Data #1, (with Ranges)
	Save Cancel

- Click Save
- After clicking **Save**, you will be brought back to the below screen:

H 📢 >Home >Patients >Patient >New Data Entry >View Data Entry					
Patient Data Entr	y: Challenge, Ur	rinary			
Patient Search	Selected Tests	Vitals	UA Minerals	Finish	
Patient			Tests		
Tests	PSS				
Data Entry	Vitals 06/	23/2012 -	Science Based N	lutrition	
Data Littiy	Medications				
Reports	Blood				
	Urinalysis				
Delete Data	Stool				
Copy Data	Hair				
	UA Minerals 06/	21/2012 -	Doctor's Data #	1, (with Ranges)	
	Ec	lit			

• Select the **Vitals** tab and enter in the height, weight and other data if available but you must include at least the height and weight for the Vitamin/Supplement recommendations to generate.

- Next, select the "UA Minerals" tab and enter in the AGENT, DOSE and INTERVAL
  - The **AGENT** will be "Pre-Challenge"
  - The **DOSE** will be N/A because the patient did not take a chelation agent for the pre testing
  - $\circ~$  The INTERVAL will be 6 for the 6 hours of collection time.
  - o Click SAVE

Element Name	Reference Range	Value	
Agent		Pre-Challenge	~
Dose		n/a	
Interval		6	~

- After saving the entered information, go to the "Finish" Tab.
- Change the Status to **RELEASE**
- Save and Send

Patient Search	Selected Tests	Vitals	UA Minerals	Finish
Patient			Tests	
Tests	Vitals 0	6/23/2012 -	Science Based N	lutrition
Data Entry	UA Minerals 0	6/21/2012 - Compare To:	Doctor's Data #	1, (with Ranges)
Reports	_			
Delete Data	Status:	Release	•	
Copy Data	Save and Se	end		

#### **POST RESULTS ANALYSIS**

• Post Test results will show this at the bottom of the results from Doctor's Data:

	SPECIMEN DATA				
Comments: results checked					
Date Collected: 05/13/2013 Date Received: 05/15/2013 Date Completed: 05/21/2013 Method: ICP-MS	pH upon receipt: Acceptable <dl: detection="" less="" limit<br="" than="">Provoking Agent: DMSA Creatinine by Jaffe Method</dl:>	Collection Period: timed: 6 hours Volume: Provocation: POST PROVOCATIVE			
Method:         ICP-MS         Creatinine by Jaffe Method           Results are creatinine corrected to account for urine dilution variations. Reference intervals and corresponding graphs are representative of a healthy population under non-provoked conditions. Chelation (provocation) agents can increase urinary excretion of metals/elements.         V13					
©DOCTOR'S DATA, INC. • ADDRESS: 3755 III	inois Avenue, St. Charles, IL 60174-2420 • CLIA ID NO: 14I	D0646470 • MEDICARE PROVIDER NO: 148453			

- If the patient has had blood and hair testing done, include those results in this report as well as the patient's vitals, symptoms, medications, stool and urinalysis test results for the most complete report.
- Select the "UA Minerals" tab and enter in the AGENT, DOSE and INTERVAL
  - The **AGENT** will be "DMSA"
  - The **DOSE** will be the amount of DMSA the patient took
  - The INTERVAL will be 6 for the 6 hours of collection time.
  - o Click SAVE

-	-		
, 123 Main St	. c	trac	av@bl/
Nowlete, OH 5555		และ	еушики
Data Entry Toot Tooting	New Data Entry		
Data Entry: lest, lesting			
earch C Selected Tests PSS	Vitals Medications @UA Mineral	s Finish	
nt			
Test Date: 7 (Jul) ▼/	11 -/ 2013 -		
Entry Laboratory: Doctor's Data	a #1, (with Ranges) 👻		
Doctor's findings and/or co	omments:		
Dete			
Patient's comments:			
Element Name	Reference Range	Value	
Element Name Agent	Reference Range	Value Choose	
Element Name Agent Dose	Reference Range	Value Choose	•
Element Name Agent Dose Interval	Reference Range	Value Choose Choose	•
Element Name Agent Dose Interval Aluminum (UA)	Reference Range	Value Choose Choose	•
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA)	Reference Range 35 1	Value Choose Choose	•
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA) Arsenic (UA)	Reference Range 35 1 130	Value Choose Choose	
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA) Arsenic (UA) Barium (UA)	Reference Range 35 1 130 7	Value Choose Choose	
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA) Arsenic (UA) Barium (UA) Beryllium (UA)	Reference Range 35 1 130 7 .5	Value Choose Choose	
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA) Arsenic (UA) Barium (UA) Beryllium (UA) Bismuth (UA)	Reference Range 35 1 130 7 .5 15	Value Choose Choose	×
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA) Arsenic (UA) Barium (UA) Beryllium (UA) Bismuth (UA) Cadmium (UA)	Reference Range 35 1 130 7 .5 15 2	Value Choose Choose	
Element Name Agent Dose Interval Aluminum (UA) Antimony (UA) Arsenic (UA) Barium (UA) Beryllium (UA) Bismuth (UA) Cadmium (UA) Cesium (UA)	Reference Range 35 1 130 7 .5 15 2 10	Value Choose Choose	

• Under the Finish Tab, you will want to select the pre-challenge results you previously ran a report on for the **Compare To** 

Selected Tests PSS	Vitals	Medications	Blood	Hair	UA Minerals	Finish
	Те	sts				
PSS 08/16/2013	- Science I	Based Nutrition				
Vitals 06/25/2013	- Science I	Based Nutrition				
Medications 06/25/2013	- Science I	Based Nutrition				
Blood 08/16/2013	- LabCorp					
Compare To	: None	•				
Hair 08/16/2013	- Doctor's	Data #1. (with F	Ranges)			
Compare To	None	•	(angeo)			
UA Minerals 02/12/2013	- Doctor's	Data #1 (with F	Rannes)			
Compare To	02/11/20	13 -	tungesy			
compare ro	. 02/11/20	15				
Status: Release		•				
Save and Send						

• Then, as before, you will change the Status from Hold to Release and then click on Save and Send to run

### When only running a Post Test:

• You will still need to run a pre-test but you will essentially run a blank one. Once in the patient's profile, select "New Data Entry"

I	ts >Patient					
Patient : Sick, Patient						
Patient Search	Patient Code:		Address1:	123 Healthy Way		
	Last Name:	Sick	Address2:			
New Patient	First Name:	Patient	City:	Dayton		
	Middle Initial:		State:	OH		
Edit Patient	Title:		Zip:	45678		
 New Data Entry	Birth Date:	08/03/1960	Country:			
New Bata Entry	Age:	53	Home Phone:			
Existing Data	Sex:	М	Work Phone:			
	Marital Status:	Μ	Alternate Phone:			
Tests	# of Children:	0	Occupation:			
Poperte	Blood Type:	0+	Email Address:			
Reports	SSN:	XXX-XX-				
		Deactivate Patient				

- Remember, **Vitals** must be included to run any report. You can pull in vitals that have previously been inputted by selecting the (date)-Science Based Nutrition Select vitals instead of New Test Manual. New Test Manual is only used when entering in new vital information.
- Next, select New Test (Manual) for UA Minerals

Patient Dat	a Entry: Sick, Patient	
Selected Test	S Contraction of the second	
	Tests	
PSS	None	
Vitals	06/25/2013 - Science Based Nutrition	
Medications	None	
Blood	None	
Urinalysis	None	
Stool	None	
Hair	None	
UA Minerals	New Test (Manual)	
	Save Cancel	

- Click Save
- This will take you back to the Selected Tests tab

ſ	Selected Tests	Vitals	UA Minerals	Finish
			Tests	
	PSS			
	Vitals 06	/25/2013 -	Science Based N	lutrition
	Medications			
	Blood			
	Urinalysis			
	Stool			
	Hair			
	UA Minerals 10	/17/2013 -	Doctor's Data #:	1, (with Ranges)
	E	dit		

- Click on the Vitals tab and make sure information has been inputted
- Under the **UA Minerals** tab, you will enter the information as mentioned in the previous material.

Selected Tests	s Vitals UA	Minerals Finish	
Test Date:	10(0ct) = (17 = 1)	/ 2012 -	
	$\frac{10}{(0cl)} \cdot \frac{17}{17}$	(with Danass)	
Laboratory.	Doctor's Data #1,	(with Ranges) +	
Doctor's findir	ngs and/or comme	nts:	
Patient's com	ments:		
	inches.		
Eleme	nt Name	Reference Range	Value
Eleme Agent	nt Name	Reference Range	Value Pre-Challenge 💌
Eleme Agent Dose	nt Name	Reference Range	Value Pre-Challenge 💌 na
Eleme Agent Dose Interval	nt Name	Reference Range	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/	nt Name A)	Reference Range	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/ Antimony (U/	nt Name A)	Reference Range 25 .2	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/ Antimony (UA Arsenic (UA)	nt Name A) A)	Reference Range 25 .2 80	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/ Antimony (UA Arsenic (UA) Barium (UA)	nt Name A) A)	Reference Range 25 .2 80 7	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/ Antimony (UA Arsenic (UA) Barium (UA) Beryllium (UA	nt Name A) A)	Reference Range           25           .2           80           7           .5	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (UA Antimony (UA Arsenic (UA) Barium (UA) Beryllium (UA) Bismuth (UA)	nt Name A) A)	Reference Range           25           .2           80           7           .5           15	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/ Antimony (UA Arsenic (UA) Barium (UA) Beryllium (UA) Bismuth (UA) Cadmium (UA	nt Name A) A) A)	Reference Range           25           .2           80           7           .5           15           2	Value Pre-Challenge na 6
Eleme Agent Dose Interval Aluminum (U/ Antimony (UA Arsenic (UA) Barium (UA) Beryllium (UA) Bismuth (UA) Cadmium (UA)	nt Name A) A) A) A)	Reference Range           25           .2           80           7           .5           15           2           10	Value Pre-Challenge na 6

- Next, select the "UA Minerals" tab and enter in the AGENT, DOSE and INTERVAL
  - The **AGENT** will be "Pre-Challenge"
  - The DOSE will be N/A because the patient did not take a chelation agent for the pre testing
  - The INTERVAL will be 6 for the 6 hours of collection time.
  - Click SAVE
- After saving the entered information, go to the "Finish" Tab.
- Change the Status to **RELEASE**
- Save and Send

After this report has generated, go back to the instructions for running the post test and the steps are exactly the same except that under the **Finish** tab, for **Compare To** for the UA Minerals, you will select **None.** For this report, you will want to make sure you have all **Selected Tests** you want the report to analyze.

Selected Tes	ts PSS	Vitals	Medications	Blood	Hair	UA Minerals	Finish
Tests							
PSS 06/10/2013 - Science Based Nutrition							
Vitals 06/25/2013 - Science Based Nutrition							
Medications 06/25/2013 - Science Based Nutrition							
Blood	08/16/2013	- LabCorp					
	Compare To	None	•				
Hair	08/16/2013	- Doctor's	Data #1, (with F	Ranges)			
	Compare To	None	-				
UA Minerals	10/17/2013	- Doctor's	Data #1, (with F	Ranges)			
	Compare To	None	• ←				
Status:	Release		•				
Save and Send							

There are four webinars located on the member website at <u>www.ScienceBasedNutrition.com</u> that go over the entire Premier Metabolic Analysis website and how to edit data, copy data, delete data and more. These can be found by selecting **Downloads & Videos** from the menu on the right. Then, under **Videos & Webinars**, click on <u>SBN Training Videos</u>.